

# ROOSEVELT NEWS

908 E. Jefferson St., Boise, ID 83712 [www.rooseveltraiders.com](http://www.rooseveltraiders.com)

208-854-6030

March 23, 2018

**\*\*\*No School Next Week\*\*\***

**\*\*\*Early Release Today 1:15PM\*\*\***

## **SPRING FLING 2018!**

**Today is the last day to purchase tickets for \$35**

**Tickets are available at the Front Office**

**Prices go up after today,  
but tickets are still available.**

**Please mark your calendars for Roosevelt Elementary's much  
anticipated event!**

**This year's fun (adult-only) night out is on  
Saturday, April 21 at Stueckle Sky Center,  
**Overlooking the famous blue turf football field.****

Tickets are on sale now for Spring Fling 2018! This much anticipated evening includes dinner, dessert, a no-host bar and a mix of live and silent auction items, including one-of-a-kind masterpieces made by our talented children. So please plan on attending to help support our fabulous school. ALL proceeds go back into school programs -- art, music, library, technology and teacher resources.

Tickets can be purchased in the front office and are only \$35 per person...but only if you get them before March 23. After spring break, \$45 per person. Any questions, please contact Kristen Ewing ([kewingnyc@yahoo.com](mailto:kewingnyc@yahoo.com)), Spring Fling Committee. Thank you!

# Head Lice 101

## What You Should Know About Head Lice

## Lice Lessons



### What if my child gets head lice?

If you suspect your child might have head lice, it's important to talk to a school nurse, pediatrician, or family physician to get appropriate care. There are a number of available treatments, including new prescription treatment options that are safe and do not require nit combing. Other things to consider in selecting and starting treatment include:

- Follow treatment instructions. Using extra amounts or multiple applications of the same medication is not recommended, unless directed by a healthcare professional<sup>5</sup>
- A 2016 study showed that 48 states now have lice that are genetically predisposed to resistance to commonly used treatments<sup>5</sup>
- There is no scientific evidence that home remedies are effective treatments<sup>7</sup>
- Head lice do not infest the house. However, family bed linens and recently used clothes, hats, and towels should be washed in very hot water and dried on the high setting<sup>5</sup>
- Personal articles, such as combs, brushes, and hair clips, should be soaked in very hot water for 5 to 10 minutes if they were exposed to someone with an active head lice infestation<sup>5</sup>
- All household members and other close contacts should be checked, and those with evidence of an active infestation should also be treated at the same time<sup>5</sup>

### Myths and facts about head lice

**Myth: Only dirty people get head lice.**

**Fact:** Personal hygiene and household or school cleanliness are not factors for infestation. In fact, head lice often infest people with good hygiene and grooming habits.<sup>3,4</sup>

**Myth: Head lice carry diseases.**

**Fact:** Head lice do not spread diseases.<sup>1</sup>

**Myth: Head lice can be spread by sharing hair brushes, hats, clothes, and other personal items.**

**Fact:** It is uncommon to spread head lice by contact with clothing or other personal items, such as combs, brushes, or hair accessories, that have been in contact with a person with head lice.<sup>1</sup>

**Myth: Head lice can jump or fly, and can live anywhere.**

**Fact:** Head lice cannot jump or fly, and only move by crawling. It is unlikely to find head lice living on objects like helmets or hats because they have feet that are specifically designed to grasp on to the hair shaft of humans. Additionally, a louse can only live for about a day off the head.<sup>1</sup>

**Myth: You can use home remedies like mayonnaise to get rid of head lice.**

**Fact:** There is no scientific evidence that home remedies are effective treatments.<sup>7</sup> Consult your healthcare provider to discuss appropriate treatment options, including prescription products.

### References

1. Centers for Disease Control and Prevention. Frequently asked questions (FAQs). [http://www.cdc.gov/parasites/lice/head/gen\\_info/faqs.html](http://www.cdc.gov/parasites/lice/head/gen_info/faqs.html). Accessed April 20, 2017.
2. Pontius DJ. Demystifying pediculosis: school nurses taking the lead. *Pediatr Nurs*. 2014;40(5):226-235.
3. Meinking T, Taplin D, Vicaria M. Infestations. In: Schachner LA, Hansen RC, eds. *Pediatric Dermatology*, 4th ed. Mosby Elsevier; 2011:1535-1583.
4. Centers for Disease Control and Prevention. Epidemiology & risk factors. <http://www.cdc.gov/parasites/lice/head/epi.html>. Accessed April 20, 2017.
5. Centers for Disease Control and Prevention. Treatment. <http://www.cdc.gov/parasites/lice/head/treatment.html>. Accessed April 20, 2017.
6. Gellatly KJ, Krim S, Palenchar DJ, et al. Expansion of the knockdown resistance frequency map for human head lice (phthiraptera: pediculidae) in the United States using quantitative sequencing. *J Med Entomol*. 2016;1-7.
7. Centers for Disease Control and Prevention (CDC). Treatment frequently asked questions. [http://www.cdc.gov/parasites/lice/head/gen\\_info/faqs\\_treat.html](http://www.cdc.gov/parasites/lice/head/gen_info/faqs_treat.html). Accessed April 20, 2017.

Lice Lessons educational initiative is made possible through a collaboration with Arbor Pharmaceuticals, LLC.  
PP-NP-US-0256





Photo: Hutchison Smith Architects of Boise, Idaho



# ROOSEVELT ELEMENTARY

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## March 2018 - Elementary Lunch

Monday	Tuesday	Wednesday	Thursday	Friday	
<div style="display: flex; justify-content: space-around; align-items: center;"> </div> <h3 style="text-align: center; margin: 0;">SCHOOL BREAKFAST</h3> <p style="text-align: center; font-weight: bold; color: #e91e63;">MARCH 5-9, 2018 #NSBW18 #SCHOOLBREAKFAST</p>					
<p>5 <b>French Toast Sticks &amp; Scrambled Eggs</b> Mini Cheese Quesadillas Sweet Potato Waffle Fries Fresh Cauliflower Fresh Apple Slices *Salad Bar* *Choice of Milk*</p>	<p>6 <b>Pepperoni Pull-a-Part Apple Grape Smoothie &amp; Mini Wheat Bagel</b> Steamed Broccoli &amp; Carrots Juicy Grapes *Salad Bar* *Choice of Milk*</p>	<p>7 <b>Chicken Strips &amp; Dinner Roll</b> BBQ Sauce Pulled Pork Sandwich Crinkle Fries Fresh Zucchini Raspberry Juice Slushy *Salad Bar* *Choice of Milk*</p>	<p>1 <b>Ultimate Nachos</b> Sea Treasures Homemade Vegetarian Chili Beans Fresh Broccoli Florets Juicy Orange Slices *Salad Bar* *Choice of Milk*</p>	<p>2 <b>All American Cheeseburger</b> Egg Pop - Green Eggs! &amp; Ham Carrot Sticks Fresh Kiwi Wedges *Salad Bar* *Choice of Milk* Crispy Rice Bar</p>	
<p>12 <b>Slice 'O Cheese Pizza</b> Peanut Butter &amp; Grape Jelly Uncrustable w/ String Cheese Potato Smiles Fresh Cauliflower Fresh Apple Slices *Salad Bar* *Choice of Milk*</p>	<p>13 <b>Ultimate Nachos</b> BBQ Rib Sandwich Homemade Vegetarian Chili Beans Fresh Zucchini Juicy Orange Slices *Salad Bar* *Choice of Milk*</p>	<p>14 <b>All American Cheeseburger</b> Chicken Alfredo w/ Breadstick Carrot Sticks Fresh Kiwi Wedges *Salad Bar* *Choice of Milk*</p>	<p>15 <b>French Toast Sticks &amp; Sausage Patty &amp; Peanut Butter Cup</b> Fishwich Homemade Potato Wedges Fresh Broccoli Florets Banana *Salad Bar* *Choice of Milk*</p>	<p>16 <b>Spaghetti &amp; Meat Sauce w/ Breadstick</b> Turkey &amp; Cheese Pocket Steamed Broccoli &amp; Carrots Applesauce *Salad Bar* *Choice of Milk* Chocolate Chunk Cookie</p>	
<p>19 <b>Cheese Pull-a-Part Fiesta Burrito</b> Sweet Potato Waffle Fries Fresh Cauliflower Sliced Peaches *Salad Bar* *Choice of Milk*</p>	<p>20 <b>Corn Dog Bites Teriyaki Chicken &amp; Rice Bowl</b> Steamed Broccoli &amp; Carrots Fresh Apple Slices Fortune Cookie *Salad Bar* *Choice of Milk*</p>	<p>21 <b>Country Chicken &amp; Dinner Roll</b> Ham Hoagie Mashed Potatoes &amp; Chicken Gravy Fresh Zucchini Banana *Salad Bar* *Choice of Milk*</p>	<p>22 <b>Ultimate Nachos</b> Sea Treasures Homemade Vegetarian Chili Beans Fresh Broccoli Florets Fresh Cut Pineapple *Salad Bar* *Choice of Milk*</p>	<p>23 <b>All American Cheeseburger</b> Apple Grape Smoothie &amp; Mini Wheat Bagel Carrot Sticks Juicy Orange Slices *Salad Bar* *Choice of Milk* Crispy Rice Bar</p>	
<p>26</p>	<p>27</p> <div style="text-align: center;"> <p style="color: #e91e63; font-weight: bold;">SPRING BREAK</p> </div>			<p>29</p>	<p>30</p>

**MEAL PRICES**  
 Student Breakfast - \$1.40 (\$7.00 per week)  
 Student Lunch - \$2.40 (\$12.00 per week)  
 Milk - \$.40 (without the purchase of a meal)  
 Adult Breakfast - \$2.25  
 Adult Lunch - \$3.70

**CLICK on the Magnifying Glass** to view all items available and the nutritional information.

**Sack Lunches are available for school outings!**  
 Choice of sandwich  
 Choice of whole fruit  
 Veggie Sticks with Ranch  
 Choice of milk  
 Cookie

**Sack Lunch Nutritional Info**

This institution is an equal opportunity provider.